

## IWAS Therapeutic Use Exemption Information

### What is a Therapeutic Use Exemption (TUE)?

Athletes, like all others, may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption (TUE) may give that athlete the authorization to take the needed medicine.

### When should an athlete apply for a TUE?

- a. When an athlete is advised by their medical doctor or specialist that they require a Prohibited Substance to treat their medical condition or illness and has supporting medical evidence to prove this.
- b. When an athlete is administered a prohibited substance in a medical emergency. In this case the athlete is required to apply retroactively for a TUE. This will only be granted in emergency or exceptional circumstances where there was insufficient time to submit to the TUE committee to consider an application prior to doping control.
- c. In addition to the circumstances outlined in (a) and (b) above an athlete should only submit a TUE application when they meet the required criteria.

### What are the criteria for granting a TUE?

The criteria are:

- The athlete would experience significant health problems without taking the prohibited substance or method
- The therapeutic use of the substance would not produce significant enhancement of performance, and
- There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method.

### Who grants a TUE?

TUE applications will be reviewed by the TUE Committee (TUEC) of the relevant organisation. If the TUE is approved

- A TUE Certificate will be issued.
- You can only begin treatment from the start date of approval mentioned on the TUE Certificate.

## **Where to submit a TUE?**

NON IWAS Sport – Contact your International Federation.

IWAS Sports (i.e. Wheelchair Fencing & Powerchair Hockey)

- National Athletes should contact their own National Anti-Doping Agency.
- International Athletes who are not members of IWAS Registered Testing Pool (RTP) should contact their own National Anti-Doping Agency.
- International Athletes who are members of IWAS RTP should contact IWAS HQ.

## **Applications for TUE should be made by the following ways**

- Contact your National Federation (NF), International Federation (IF) or National Anti-Doping Agency (NADO)
- Ask the relevant organisation for the TUE Application Form to be used.
- Consult your physician and ask him/her; to fill out the TUE Application and ask them to provide the required supporting medical documentation.
- Forward the TUE application and medical documentation to your IF or NADO

Please ensure all files are readable and complete.

## **How do I know if my application has been approved?**

The athlete through his National Member Organisation will receive confirmation from the relevant TUE Committee whether a TUE application has been approved. If approved, a certificate will be issued.

IWAS endorses the principle of mutual recognition of TUEs under the following conditions.

- The certificate is issued by WADC complaint agency
- IWAS Sports (i.e. Powerchair Hockey, Wheelchair Fencing) athletes exclusively apply to IWAS for TUE
- Athletes have the right to request WADA to review and decision made by the IF or NADO

Approval times are stated on the TUE certificate and athletes need to seek further approval prior to the expiry date.

## **Notification for doping control whilst using a prohibited substance under a granted TUE?**

When completing the substance control form ensure declaration of the substance or medication being used if specified and declare that a TUE has been granted.

When the doping control authority receives the report from the laboratory an initial review will take place to verify that the TUE is still in effect and that the results of the analysis are consistent with the TUE granted (nature of substance, route of administration, dose, time frame of administration, the result of your test will be recorded as negative).

## Confidentiality

Athletes concerned about confidentiality should note that all the information contained in their TUE application will be kept strictly confidential as medical data. All members of the TUECs are required to sign confidentiality agreements and if they require advice from other scientific experts on a particular case, the name of the athlete will not be used when circulating the application outside the TUEC.

## Where can I find more information?

A full copy of the IWAS Anti-doping Code can be found in the anti-doping section of the IWAS website at [www.iwasf.com](http://www.iwasf.com)

This is an educational guide only. In the event of any inconsistency the IWAS Anti-doping Code shall take precedence.

