



IWAS PowerChair Hockey
(IPCH)

Sport Section of the IWAS



ANTIDOPING

GENERAL INFORMATION AND PROCEDURES

Doping is fundamentally contrary to the spirit of sport.

The anti-doping programme aims at preserving the intrinsic value of sport. This intrinsic value is often described as the "spirit of sport", it is the essence of Olympism, the pursuit of human excellence through dedicated perfection of each person's natural talents. It is how we play true. The spirit of sport is the celebration of the human spirit, body and mind and it is reflected in values we find in and through sport, including:

- ethics, fair play and honesty
- health
- excellence in performance
- character and education
- fun and joy
- teamwork
- dedication and commitment
- respect for rules and laws
- respect for self and others
- courage
- community and solidarity

The IWAS Anti-Doping Code conforms to the general principles of the World Anti-Doping Code from the World Anti-Doping Agency (WADA).

The IWAS Anti-Doping Code aims to prevent doping in sport for athletes with an impairment by:

- Protecting an athlete's fundamental right to participate in a doping free environment in sport and thus promote good health, justice and equality for athletes world-wide
- Ensuring harmonious, co-ordinated and effective anti-doping programmes throughout an athlete's competitive pathway with regard to detection, deterrence and prevention of doping

We encourage all the National organization and National Team Managers to promote **education** on a national level by using the WADA information and tools available for athletes.. There is an interactive Play True Quiz to test knowledge on anti-doping, as well as online resources for athletes and coaches (ADEL platform).

Anti-Doping Controls shall be conducted according to the WADA guidelines, the IWAS Anti-Doping Policy and the local/national anti-doping legislation.

You can find the information and WADA prohibited list at the IWAS website:
<https://iwasf.com/anti-doping/>



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On the IWAS website you will also find references to the [Athlete's Antidoping Rights Act](#), a document that promotes athlete rights within anti-doping and ensures they are clearly outlined, accessible, and universally applicable.

- Remember that it's the athlete's responsibility to ensure not to fall foul of anti-doping rules
- Each athlete is responsible for everything that enters their own body. Ignorance is not an excuse.
- It is recommended to carefully check medication against the WADA list. Investigate a therapeutic use exemption if it's necessary.
- Comply with testing procedures and help PCH remain a clean sport.

Medications and Therapeutic Use Exemptions

Athletes, like all others, may have illnesses or conditions that require them to take particular medications. If the medication an athlete is required to take to treat an illness or condition happens to fall under the Prohibited List, a Therapeutic Use Exemption (TUE) may give that athlete the authorization to take the needed medicine.

When should an athlete apply for a TUE?

- When an athlete is advised by their medical doctor or specialist that they require a Prohibited Substance to treat their medical condition or illness and has supporting medical evidence to prove this.
- When an athlete is administered a prohibited substance in a medical emergency. In this case the athlete is required to apply retroactively for a TUE. This will only be granted in emergency or exceptional circumstances where there was insufficient time to submit to the TUE committee to consider an application prior to doping control.
- In addition to the circumstances outlined in (a) and (b) above an athlete should submit a TUE application alongside with supporting medical documentation to his/her IF or NADO when they meet the required criteria.

What are the criteria for granting a TUE?

The criteria are:

- The athlete would experience significant health problems without taking the prohibited substance or method
- The therapeutic use of the substance would not produce significant enhancement of performance, and



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- There is no reasonable therapeutic alternative to the use of the otherwise prohibited substance or method.

Who grants a TUE?

TUE applications will be reviewed by the TUE Committee (TUEC) of the relevant organization. If the TUE is approved

- A TUE Certificate will be issued.
- You can only begin treatment from the start date of approval mentioned on the TUE Certificate.

Where to submit a TUE?

Powerchair hockey athletes exclusively apply to IWAS for TUE
contact : anti-doping@iwasf.com

It is also possible to ask your NADO (National Anti-Doping Agency) asking them to insert your TUE on ADAMS (not to process it only to upload it on the platform).

How to submit a TUE:

- Use the TUE form you can find on <https://iwasf.com/anti-doping/medications-and-therapeutic-use-exemption/> or on <http://powerchairhockey.org/anti-doping-medical/>
- Consult your physician and ask him/her; to fill out the TUE Application and ask them to provide the required supporting medical documentation. **Please ensure all files are readable and complete in English.** (the supporting medical documentation can be eventually translated by a team doctor but the originals from the specialist must be there)
- Forward the TUE application and medical documentation to anti-doping@iwasf.com (*we suggest to send your TUE complete with all supporting medical documentation in a password protected attachment - please send a separate email with the password to ensure the privacy of your data*)